

Category 1 :**IV fluids: amount**

Category 2 :**Icu organization**

## **A316 - Effectiveness of simulation-based learning in intravenous medication safety: a randomized controlled study**

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### **Introduction:**

This randomized controlled study assessed the impact of a 3-hour intravenous medication safety simulation-based learning (SBL) on self-efficacy, stress, knowledge and skills of nursing students. Medication administration error is a worldwide concern [1], that has been linked with a lack of knowledge and skills in safe medication administration among new graduate and student nurses [2-4]. Preventing medication errors could therefore involve training through simulation.

### **Methods:**

Participants (n=99) were randomly assigned either to the control group (CG, n=50) or the experimental group (EG, n=49). While CG and EG both had a traditional clinical internship, EG benefited in addition the 3-hour SBL, using standardized patients in the context of an intensive care unit. The two groups were assessed twice: at T0 and T1 (four weeks later), through an Objective Structured Clinical Examination (OSCE) and questionnaires. Two blinded experts rated the students OSCE with an evaluation grid.

### **Results:**

Mean participants age was 21,2. There were no statistically differences between groups at T0. Compared to the CG (0%), the EG increased its self-efficacy (+19,35%) with a significant difference ( $p<0,001$ ) at T1. The SBL conducted to a greater increase of knowledge and skills in the EG (respectively +150%, +128%) than in the CG (respectively +46% and +47%), with a statistically significant difference ( $p<0,0001$ ).

### **Conclusion:**

Results reinforce the interest of a short SBL using standardized patients to improve medication administration. Clinical impact of these observations requires further evaluation to determine potential transfer in clinical settings and retention over time.

### **References:**

1. Donaldson LJ et al. The Lancet 389:1680-1682, 2017
2. Henneman EA et al. Applied Nursing Research 23:11-21, 2010
3. Whitehair L et al. Nurse Education Today 34:225-232, 2014
4. Mariani B et al. Clinical Simulation in Nursing 13(5):210-216, 2017